



WELLNESS PROGRAM 2023-2024

FEA Wellness Requirements

WELLNESS FOR ALL FSD145 FEA MEMBERS

Any full-time FSD145 FEA member may participate in the 2023/2024 Wellness Program. The member does NOT need to be enrolled in our BCBSIL healthcare coverage in order to participate.

FSD145 FEA CONTRACT 2023 - 2028

Article IV – Salary and Fringe Benefits

D. Insurance

1. Group hospital and major medical insurance

- d. Each teacher who annually participates fully in the District Wellness plan, will receive a 5% increase in the Board premium contribution established above in subparagraph “b”.**

BENEFIT FOR FULL PARTICIPATION

Gold Plan Coverage (24 pays)	Plan Cost	Board Monthly Contribution	Employee Monthly Contribution	Annual Savings
Employee	\$955.61	\$860.05	\$95.56	\$573.36
Employee + Child(ren)	\$1,587.45	\$1,031.84	\$555.61	\$952.44
Employee + Spouse	\$1,799.18	\$1,169.47	\$629.71	\$1,079.52
Family	\$2071.41	\$1,346.42	\$724.99	\$1,242.96

“PARTICIPATES FULLY”

Criteria:

- ❖ Although there is no minimum monthly point earning requirement, participants are highly encouraged to try to earn at least 100 participation points monthly.
- ❖ Complete the program year with a minimum of 1500 points by May 31.

REWARD OPTION:

Participant must choose between:

- ❖ Wellness Program gift card reward
- ❖ Healthcare insurance benefit (board share increase of 5%)

*If the participant does not qualify for the 5% benefit they are still eligible for a gift card reward based on the number of points they have earned within the program year.

FEEDBACK FROM THE SURVEY

- ❖ Group Activities – looking for people to lead these activities. (E-mail Michelle for details.)
- ❖ Accommodations for those who need them.



QUESTIONS/DISCUSSION